

## **QHerit<sup>®</sup> Carrier Screening**

Give your baby  
the best possible  
start—**with insights  
from QHerit<sup>®</sup>**



# Why is carrier screening important?

## Planning for a healthy beginning

Besides your eye color or your partner's distinctive laugh, your baby may also inherit certain genetic health conditions. It can be helpful to know whether your future children are at risk—so you have more insight into planning your family's future.

## What is carrier screening, and what does it mean to be a carrier?

Knowing your carrier status is an important step in planning for your family's future. Anyone can be a carrier of a genetic condition. Carrier screening looks for variations in your genes linked to specific health conditions that can be passed on to your children.

## Why is it important to know your carrier status before becoming pregnant?

Most people don't know they're a carrier until they have a child with a genetic condition or find out through the results of carrier screening. Because of this, screening is recommended before pregnancy to determine whether you are a carrier of a genetic condition.

Early screening allows you to discuss reproductive options with your provider and can help you make more informed decisions for yourself and your family.

## Who should get tested?

All women who are pregnant or considering pregnancy, and those with a family history of genetic conditions or an increased risk for genetic conditions, are appropriate for carrier screening.

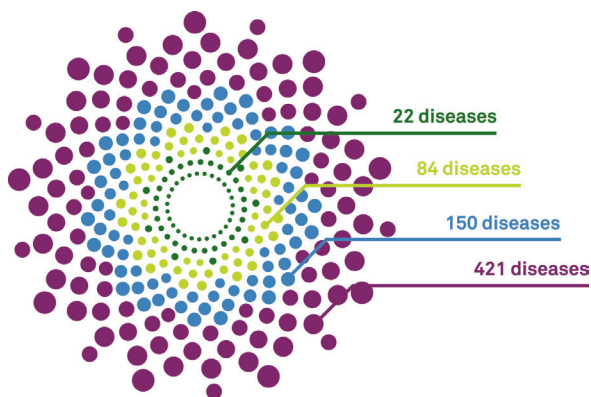
The American College of Obstetricians and Gynecologists (ACOG) and the American College of Medical Genetics and Genomics (ACMG) recommend carrier screening for all women, regardless of ethnicity or family history

**Are you covered?** Want to know if your insurance provider covers QHerit screening? Contact a Patient Navigator. Call **1.888.445.5011** or email **PatientNavigators@QuestDiagnostics.com**

# Why choose QHerit for your carrier screening?

With your QHerit carrier screening results, you and your healthcare provider can have the information you need to best prepare for your baby's arrival. These insights can help identify relevant conditions that can impact your child's health or healthcare planning decisions.

With 4 QHerit test panels<sup>a</sup> available, you can screen for up to 421<sup>a</sup> inherited genetic conditions:



## Important Information

<sup>a</sup>QHerit, QHerit Plus, QHerit Extended, and QHerit 421/381 are carrier “screening” tests, and they screen for variations in your genes linked to certain health disorders, which can be passed to your children. QHerit screens 22 genes; QHerit Plus screens 85 genes; QHerit Extended screens 150 genes, and QHerit 421/381 screens 421/381 genes. For a full list of genes that each panel in the QHerit family screens, visit [QHerit.com](https://www.QHerit.com). If the results from any panel in the QHerit family suggest that you may be a carrier of a gene variation that can cause a health disorder in your children, you should discuss your options with a healthcare provider (eg, partner screening and/or genetic counseling). Pregnancy management decisions should not be based on the results of these screening tests alone. As with any test, there may be false positives or false negatives. The positive predictive value of the screening test varies by genetic variation and may be lower for rare conditions. Each panel in the QHerit family is a laboratory-developed test that has been developed and validated pursuant to the Clinical Laboratory Improvements Amendments of 1988 (CLIA) and, as such, it has not been reviewed by the FDA. Panel components for males do not include specified X-linked conditions.

# Committed to you and your growing family

## Quest Diagnostics makes QHerit<sup>®</sup> screening easy

Quest, the leading test provider for women's health and an innovator in genetic testing, offers a wide range of screening and diagnostic solutions for your family, including QHerit<sup>®</sup>.

## Close and convenient

- QHerit screening consists of a simple blood draw at your healthcare provider's office or one of our Patient Service Centers
- Schedule your appointment online at one of our 2,200+ Patient Service Centers at a time and date that's convenient for you

## Easy-to-read results

- Your screening results are securely available online through MyQuest<sup>®</sup>

## Affordable options

- In-network with most major health plans
- QHerit No Surprise program confirms whether preauthorization is needed or if costs will exceed \$300
- Supplemental financial assistance is available for patients who qualify



Plan for your family's future, today.  
**Talk to your healthcare provider  
to learn more**

See important information on inside pages.

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